

735 Jefferson Ave
Ashland, OR 97520
(541) 482-4073
ashlandtfc@gmail.com
www.ashlandtfc.org



August 2014

Hours of Operation
Monday-Friday 5:45am-9:00pm
Saturday 7:00am - 7:30pm
Sunday 7:00am-6:30pm

Club Schedule

ATFC will be closed for maintenance and extensive cleaning from August 27 through August 31; if planned work is completed ahead of schedule, we will send out a broadcast e-mail. The Club will be open for regular hours beginning on Labor Day, Monday, September 1.

Scuba Opportunities @ ATFC

August 1 – "I Tried Scuba"

Ever wanted to check out scuba-diving? Here's your chance! Come join John Souza from 6-8 pm for a free scuba session. Open to adult and youth members – FREE!

August 22 – Open Water Certification Course

Here's an opportunity to earn your Scuba Diving Certificate. This course will run 2x/week for 2-3 weeks (depending on number of participants). The Tuesday sessions (6:30-7:30 pm) will be held in a classroom setting and will be taught by John; and the Saturday sessions will be held in the ATFC pool at a time TBD.

Cost: \$300/adult; \$175/youth

WELCOME

ATFC would like to welcome the following new and returning members: Dan Akita, Michael Albrechsten, Michelle Anderson, Eniko Banerjee, Saurav Banerjee, Kendall Chappell, Alyssa Evers, Kelly Hay, Sean Hicks, Ken Jaffe, Kahlil Kem, Boroka Marton, Larry McClaskey, Aurilia McNamara, Michelle Parlier, Rebecca Perper, Abbas Pezeshk, Suzie Rhudy, Sara Tahvili Shaw, Zahar Tahvili, Jacob Taub, Charles Thomas, Kathleen Thomas, Krista Unverferth, and Robin Weiss.

USTA Sectionals

Four more ATFC USTA teams are heading to Sectionals! In August, the Men's 4.0 team (captained by Glen Berk) and the Men's 3.5 team (headed by Gary Acheatel) will be participating; in addition, the 40+ and 55+ Mixed 6.0 teams will be competing (both are led by Allen Baker). Good luck to all!

"Kickoff for Kids"

Get ready for an evening of great fun, food, music, wine, and beer at beautiful Grizzly Peak Winery! This is a fundraiser for ATFC Youth Sports, Inc., whose goal is to provide tennis, swimming, and health & fitness programs to kids in the Valley regardless of their economic level. Proceeds will help even more children develop sports skills and learn lifestyle lessons, which will enhance their ability to grow into healthy and happy adults. (ATFC Youth Sports, Inc. is operating as a 501 (c) (3) nonprofit pending application approval.)

September 5th, 5:30-7:30 pm

Grizzly Peak Winery

\$45/ticket includes catered dinner, Robbie Dacosta Band, and fun!

Silent Auction featuring art, sports, wine, and food-related items.

Art by Wataru Sugiyama, Roan Baker, and more.

Dinners by the Boesches, Farnhams, Gibbs, Wayles, & Huxtables and Brunch by Kelly Sacks.

Britt & OSF tickets and many other fabulous items!

Tickets available at Front Desk and may be charged to your ATFC account.

Success at 65+ Indoor National Championships

Congratulations to Dave Hodges who won the Consolation Rounds at the US 65+ Indoor National Championships in Vancouver, WA. Dave played singles for the first time in a

while and won many matches in fine fashion, defeating two of the top 10 nationally-ranked players!

Ms. Martina Mannerstilova

Dearest MMM:

Wow, do I have a bee in my bonnet! Sometimes I leave the Club after a brisk workout or a couple of hours on the court only to find my 1963 Buick Special completely boxed in by other parallel parkers. Whillikers! It feels like New York! Help me, oh wise one... Blocked In

My Dear Blocked In:

Your cheek-by-jowl parking predicament reminds me of a time when I was playing at the US Open and found a super parking spot outside of a Manhattan bistro. When I returned to my car, there was a mere 1 centimeter of space at each end (and yes, the license plate on one of the cars was "JimmyC"). Let's spread a little kindness people, by being generous with spacing on Jefferson Avenue I guarantee it will help your parking karma! (Also just as important, please be sure not to park in yellow zones in front of ATFC - semi-trailer trucks need that space to make turns into the driveway across the street.)

XOX, MMM

FALL USTA SCHEDULE

August 15 is the deadline for Team Registration for the 55+ combined leagues and the 18+ mixed leagues. Men's 55+ 6.0, 7.0, 8.0, 9.0; Women's 55+ 6.0, 7.0, 8.0, 9.0; Mixed 18+ 6.0, 7.0, 8.0, 9.0. If you are interested in playing, or maybe even being a captain, please contact Kelly Baker ASAP.



PLEASE BE CONSIDERATE AND RE-RACK WEIGHTS IN THE WEIGHT ROOM!

Junior Summer Camps

Summer camps run August 4-7, 11-14, and 18-21. Space is available for Little Aces (ages 4-6) 1:15-2pm; Future Stars (ages 7-11) 2-3pm; Tourney Prep (11+)

3-4:15pm; Junior Academy (must have pro authorization) 4:15-6:15pm.



August Drop-in Tennis Clinics

Gail's Schedule: Tuesdays 11am-12pm (2.5-3.0); Fridays: 9:30-10:30am Singles, 10:45-11:45am Doubles (3.0-3.5), 12-1pm Strokes

Kelly's Schedule: Mondays: 12-1 (3.0), Wednesdays 10-11 (3.5), 7-8 pm (2.5 and Beginner)

Cardio Tennis (Mondays and Thursdays 6:30-7:30; Thursdays 10:30-11:30am)

Women's Day of Yoga

"The Three Blessings: Increasing Confidence, Comfort, and Calm"

August 23rd: 10am-5pm; Cost: \$59.

Here's just a TASTE of what you'll learn: Powerful breath and energy techniques that transform energy into greater vitality, joy, flexibility, and spiritual awakening; A daily spiritual practice that brings out your highest potential and greatest feelings of calm and bliss; Learn how to still your mind, release tensions and judgment within minutes so you can be truly present; Steps to safely awaken your cosmic consciousness, kundalini. **Instructor Snow Thorne** has been working with yoga, chanting and meditation since 1992; her passion is helping women bring balance, calm & confidence to their lives and relationships.

Register at [Womensdayofyoga.eventbrite.com](https://www.womensdayofyoga.eventbrite.com) or at the Front Desk (limited to 12, so secure your spot now!

