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March 2015

Hours of Operation
Monday-Friday 5:45am-9:00pm
Saturday-7:00am - 7:00pm
Sunday 7:00am-6:00pm

Oh, What a Tangled Web We Weave...

Actually, it's not that tangled or confusing! There are 3 entities which relate to 735 Jefferson Avenue. Here's a Golden Book version of the three: 1) **Ashland Recreation Properties (aka ARP)** was formed in 2007 to purchase the real estate at 735 Jefferson. This investor group is comprised primarily of current and former ATFC members. ARP holds a mortgage at People's Bank and leases the property to: 2) **Ashland Tennis & Fitness Club** ATFC is a member-owned, non-profit organization founded in 2007 under IRS code 501 (c) (7), a category for social clubs which are organized for "pleasure, recreation, and other not-for-profit purposes". ATFC pays rent to ARP. 3) **ATFC Youth Sports** was formed in 2014 and has a mission to provide opportunities for health & fitness to youth in the Rogue Valley. It is a 501 (c) (3) non-profit and, as such, is a charitable organization qualifying for tax-deductible donations. Importantly, it is also eligible to apply for grants restricted to 501 (c) (3) organizations. ATFC Youth Sports has a contract with the Club (ATFC) to pay for rent for use of the facility, as well as instructional and administrative fees. **Each of the three organizations has a separate Board of Directors: President of ARP is Kimberley Boesche; President of ATFC is Alan Steed; President of ATFC Youth Sports is John Souza.**

Fundraising Campaign

The 2015 fundraising campaign is in full swing! You can make donations either to **ATFC** or to **ATFC Youth Sports**; contributions made to **ATFC Youth Sports** are tax-deductible and will be used towards paying the debt owed to **ATFC**. Here is a great opportunity to help out your Club!

Miss Martina Mannerstilova has gone to Indian Wells to watch tennis.

Checking in at the Front Desk

Please remember that it is a **requirement** to check in at the Front Desk. The new scanner is fabulous and only takes a second to use. Should you neglect to scan in and the Front Desk person gives you a friendly reminder, please note that he/she is doing his/her job and not trying to hassle you. The check-in system only works if **everyone** is consistently responsible about scanning that little green card! If you have lost yours, simply ask for a new one.

Junior Swim Program Time Change

Beginning in March the **Tuesday/Thursday** Junior Swim class will be meeting from **5:45-7:15 pm**. Thank you for taking note of this fifteen minute shift.

Long-range Planning for ATFC Youth Sports

An initial meeting to discuss long-range planning for ATFC Youth Sports was held in February – discussion included concepts such as an aquatic center, a multi-purpose building, and leasing space for indoor activities. If you have ideas and are interested in participating, please contact **John Souza**.

WELCOME

ATFC would like to welcome the following new and returning members: Bob Abshear, Christopher Bender, Elizabeth Bingham, Victoria Eckart, Hannah Fisher-Tachouex, Lean Gibson, Marissa Gibson, Pamela Gibson, Diane Horbacewicz, Eryl Kenner, Arline Larson, Debbie Levy, William Lofthouse, Shelley Lotz, Ariana Mills, Asha Obermyer, Mark Pescetti, Christina Schmidt, Nur Shelton, Prairie Skye, Mary Timoshenko & Bryant Zwart.

Court Cancellation & Ball Machine Reminder

Should you find yourself unable to use a reserved court, it is important that you call in to cancel as soon as possible and, unless there is an emergency, with at least 24 hour notice. A "no show" not only results in a \$10 fee, but also prevents some of your fellow tennis players from having fun out there! Beginning March 1 there will be a \$5 fee for the use of the ball machine.

Wearin' the Green Tennis Social

Time to get out your green shirts, shorts, and socks for a fun afternoon of adult round-robin mixed doubles! A prize to the greenest attendee. Light refreshments will be served. \$10/per person. Sign up at the Front Desk. **Sunday, March 15: 2:30-5:00 pm**

Want to Play More Tennis?

If you are finding yourself short of partners, contact one of the pros for a list of great people at your level.

Junior Tennis Spring Break Boot Camp

Here's a great opportunity for junior players to have intensive workouts and improve their strokes and skills through drills and match play. Sign up at the Front Desk. **March 23-26: 1:15-3:45 pm**

9.0 Mixed League Forming

If you are interested in playing some 9.0 mixed at the Club, **please contact Kelly**; play will begin in late March. Note: you must have a **USTA rating of at least 4.5**.

Sunday Afternoon Women's 2.5-3.0 Clinic

Join Kelly from 3:30-5:00 for a fun workout of skills and drills. Contact Kelly for more info.

Beginner Clinics with Matt

Come join Matt for skills and drills on **Mondays** from noon -1 or 7-8pm

USTA Home Matches

Come cheer on your ATFC tennis pals on these dates: March 7 at 2:30: Women's 3.0; March 8 at 9:30: Women's 3.0; March 14 at 2:30: Women's 3.0; March 28 at 2:30: Women's 3.5; March 29 at 9:30: Women's 3.5 Great entertainment and it's free!

Fitness Calendar Changes

To accommodate you for the best opportunities to stay fit, we have made some changes to the calendar. As of **March 1** we will be offering the regular **Power** class only on Fridays from 8:30-9:30 am. In addition, we are adding a new **Strength Training** on Mondays and Wednesdays from 7-8am at the phenomenal rate of \$40/month. Remember to sign up for **Fundamentals of Pilates** (offered only in March). Tuesdays 8:15-9:15 am: learn the fundamental principles and movements of Pilates and how to incorporate them into your every day practice. Cost: \$40/month Be sure to visit Maureen in our new class: **Beginning Pilates** on Wednesdays from 12:15-1:15 pm. **We are dropping Weds. & Fri. Yoga for Beginners due to low attendance.** Monday **Gentle Yoga** will be moving to a new time: 5:15-6:15 pm. We enjoy offering a wide variety of fitness classes as part of your monthly membership; in order to continue to offer these classes with our outstanding instructors, we do need regular attendance. Please be sure to attend regularly both for **your health and the health of the class.**

Soccer Sprouts: April 18th-May 23rd

Soccer Sprouts is a motor-skill development program for kids 3-6 years old designed to use a series of fun games to encourage kids to develop motor skills & physical fitness. It has been proven that kids will participate with more confidence & gusto if the goal is pure fun! Objectives for each game will always be non-competitive & fun, e.g. "kick the ball at the space alien" or "jump to the lily pads like a frog." We stress **fun** above all else! **April 18-23 Ages 3 & 4 years old: Saturdays 4-5 pm Cost: \$40 for the series Ages 5 & 6 years old: Saturdays 5-6 pm Cost: \$40 for the series**

Adult Dodgeball League: April 23-May 29

Bring back childhood memories (or nightmares) with our Adult Dodgeball League. Put together a team: it's a great game to play with friends, co-workers, etc. Bring your boss and show 'em all how you grab life by the balls! This league is fun for everyone. **Register a whole team (8-12 members) for \$350.** Eight players start each game with a maximum of 12 allowed per team. It is a co-ed league in which a least two women must start each game. Participants must be at least 14 years old. **April 23-May 29** (skipping May 22 for Memorial Day Weekend). **Fridays: 8-9:15 pm**