

TENNIS CLASSES, MAY 2018

Ashland Tennis & Fitness Club

Adult Classes

Tuesdays:

11:00 am – Gail’s Doubles Drop in (1 hr)

Wednesdays:

9:30 am—Chip’s Open Drill (1.5 hrs)

6:30 pm—Chips Cardio Tennis (1 hr)

Thursdays:

12 noon— Chip’s 4.0+ open Drill (1 hr)

Fridays:

10:45 am – Gail’s Doubles Drop in (1 hr)

12:00 pm – Gail’s Skills Class (1 hr)

Saturdays:

9:00 am—Chip’s 4.0+ open Drill (1.5 hr)

10:30 am—Chip’s 3.0/3.5 open Drill (1.5 hr)

Junior Classes

Hummingbirds (ages 4 – 6 yrs old) (Red Ball)

Mondays and Wednesdays; 4:00pm – 4:30 pm

Sparrows (ages 7 – 10 yrs old) Beginner (Orange Ball)

Mondays and Wednesdays; 4:30 pm – 5:30 pm

U18 Beginner (ages 11- 18 yrs old)

Wednesdays 5:30 – 6:30 pm

U18 Intermediate (ages 11- 18 yrs old)

Thursdays 6:30 – 7:30 pm

U18 High School and Tournament Players (Pro approval required)

Tuesdays and Thursdays; 4:15 pm – 6:15 pm