

TENNIS - DROP IN CLASS

Fees:

*All Drop In classes - \$20 an hour (except: see below for ** Saturday Special **)*

1 hour class: *\$20 Members (+ \$3 court fee for non premium members)*
 \$25 Non Members (+ \$3 court fee)

1 1/2 hour class: *** Saturday Special ** (\$3.00 off - get the weekend off to a good start !)*
 \$27 Members (+ \$3 court fee for non premium members)
 \$32 Non Members (+ \$3 court fee)

MONDAY

11-12 pm Doubles Drop In (Gail)

The class will include drills, games, strategy and foot skills

TUESDAY

No classes

WEDNESDAY

6:15-7:15 pm 4.0+ Drop In (Jared)

Fast paced and challenging drills designed to push players into and out of uncomfortable parts of their game and enhance strength and endurance.

THURSDAY

12-1 pm 4.0+ Drop In (Jared)

Fast paced and challenging drills designed to push players into and out of uncomfortable parts of their game and enhance strength and endurance.

FRIDAY

10-11 am 3.0-3.5 Doubles Drop In (Gail)

Class may focus on singles or doubles technique, strategy and cardio.. Learn what it takes to refine areas of your game to advance to the next level, while getting a good sweat in the process.

11-12 pm Skills Drop In (all levels) (Gail)

Gail has been teaching tennis for over four decades. During her Drop In "Skills" class you can take advantage of her experience and knowledge of shot making, stroke production and anything else you want to know about our great game. Come to class with all of your questions and leave with the answers that will make the difference in your game.

SATURDAY

10:30-12 pm Drop In (all levels welcome) (Jared)

Fast paced and challenging drills designed to push players into and out of uncomfortable parts of their game and enhance strength and endurance.