

## ATFC Junior Tennis Staff

Len Spencer.....Director of Tennis  
Zachary Matthews.....Head Tennis Pro

### Safe Practices while at ATFC

Classes will be limited to 6 per court to keep the social distancing required by the Governor. Because class is limited it is a good idea to register early to make sure you have secured a spot in class – we will not be allowed to exceed maximum class sizes listed.

**Bring your own water bottle already filled.** The water and ice machine is not available until further notice. Bottled water is available in the cooler for \$1.

#### Please remember the following:

1. Stay 6' away from other people whenever possible.
2. Regularly wash your hands with soap and water for at least 20 seconds, or use the hand sanitizers located around the club (all have a minimum 60% alcohol).
3. Avoid touching your face
4. PLEASE: Do not come to the club if there is any question that you are not a 100% well.
5. Cough or sneeze into your elbow.

Ashland Tennis & Fitness Club  
735 Jefferson Ave.  
Ashland, OR 97520



## JUNIOR TENNIS PROGRAM

### Summer Schedule

**June 21 - Aug 26, 2021**

Revised 6.29.21

#### Sessions

June 21 - 24  
June 28 - July 1  
July 5 - 8  
July 12 - 15  
July 19 - 22  
July 26 - 29  
Aug 2 - 5  
Aug 9 - 12  
Aug 16 - 19  
Aug 23 - 26

Ashland Tennis & Fitness Club  
735 Jefferson Ave.  
Ashland, OR 97520  
Phone 541-482-4073  
[frontdesk.atfc@mind.net](mailto:frontdesk.atfc@mind.net)

## CLASS DESCRIPTIONS

### 10 Sessions (Monday - Thursday each week)

Specific instruction for individual styles will be the basis of these programs.

\*Ages are approximate in class descriptions. Appropriate class will be decided by Director of Tennis.

<b>LITTLE TENNIS</b> (*ages 4-7)	<b>Monday - Thursday</b>
This program is a fun introduction to tennis for our young players. Players will participate in a variety of skill building activities including basic athletic skills (running, jumping, throwing, bouncing, catching), tennis stroke technique and rally skills all in a fun environment. Curriculum is designed so that children will learn and practice all stroke fundamentals, court positioning, develop a serve, rally and begin point play. Good sport behaviors are introduced and reinforced.	<b>12:00 – 1:00 pm</b>
	\$14 Member per day \$19 Non-Member per day <i>Plus \$1 court fee per class per day Premium Member-No Court Fee</i>
<b>BEGINNER</b> (*ages 7-10)	<b>Monday - Thursday</b>
Curriculum will vary based on experience and ability. Players will learn stroke technique, use of spin, combine shots together with purpose, serve with proper form, approach the net to use volleys and overheads and practice point play and scoring. Rules of play and good sport behaviors are introduced and reinforced.	<b>12:00 – 1:00 pm</b>
	\$14 Member per day \$19 Non-Member per day <i>Plus \$1 court fee per class per day Premium Member-No Court Fee</i>
<b>INTERMEDIATE</b> (*ages 11-18)	<b>Monday - Thursday</b>
Players learn to rally with improved directions and height control, return serves and spins. Emphasis will be placed on skills and application in live ball (point play) situations. Players will work on stroke development, tactics and strategy in order to prepare the player for the USTA intermediate/low advanced and/or UTR tournaments. Private lessons are strongly encouraged. Rules of play and good sport behaviors are introduced and reinforced.	<b>2:30 - 4:00 pm</b>
	\$21 Member per day \$26 Non-Member per day <i>Plus \$1 court fee per class per day Premium Member-No Court Fee</i>
<b>ADVANCED</b> (*ages 11-18)	<b>Monday - Thursday</b>
This program is for committed, self-motivated players who are actively competing in Advanced USTA and/or UTR tournaments. High intensity drills will improve match play strategy, mental skill, footwork, shot selection, fitness and overall competitiveness. Players must be approved by Tennis Director and privates are strongly encouraged. Good sport behaviors are reinforced.	<b>4:00 - 5:30 pm</b>
	\$21 Member per day \$26 Non-Member per day <i>Plus \$1 court fee per class per day Premium Member-No Court Fee</i>

Each camp session is set up as a progression of skills each day therefore, it is recommended that you attend all 4 days in the session(s) if possible. It is not required but highly recommended.

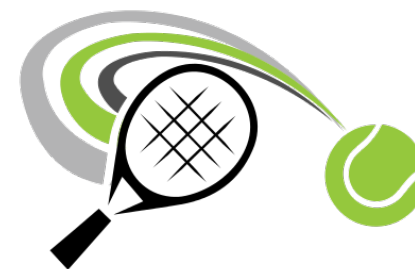
Please be sure to register for the days you are attending so that we can schedule our staff accordingly.

Please let us know if you have any questions about ATFC's junior program. We are here to help.

## ADVANCE RESGISTRATION REQUESTED

by calling **541-482-4073** or online at  
[www.ashlandtfc.org](http://www.ashlandtfc.org).

**Please register at least 48 hours in advance so that we can schedule our staff accordingly.**



## PRIVATE and GROUP LESSONS

Call the front desk to schedule private lessons. If the staff can't get you on the schedule, they will have the Director of Tennis call you.

### Junior / Young Adult

#### Individual & Group Private Lesson Rates

##### MEMBER

##### Cost:

1 Player	\$60
2 Players	\$34 ea
3 Players	\$25 ea
4 & More	\$20 ea

Plus \$1 court fee for non-premium members

##### NON-MEMBER

##### Cost:

1 Player	\$70
2 Players	\$44 ea
3 Players	\$35 ea
4 & More	\$30 ea

\$1 court fee and \$9 non member fee included