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ATFC Newsletter Editor: Jo Wayles



JANUARY 2022

Hours of Operation
Monday - Friday
7:00am- 9pm
Saturday - Sunday
8:00am-5pm

Happy New Year



We hope that 2022 brings health and happiness to you and to your family! All good wishes from ATFC staff, instructors, and tennis professionals.

Reminder: **ATFC will be open from 9-2 on Saturday, January 1.**

Thank You

Because of the generosity of club members, many local families had a merrier holiday than they otherwise might have had. Every tag on the Giving Tree was taken and each child received wonderful gifts! Thank you so very much from the Kiwanis and the Talent Elementary School on behalf of the children. Please know that your contributions are important and appreciated.



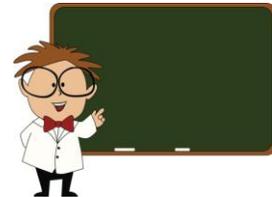
Len's Lesson

Happy New Year!

It's been a rough couple of years, but we are super thankful for all the support and new friendships we have made along the way. We are looking forward to a great new year and to the continued growth of tennis. Hoping to see you on the courts in the 2022!

All the best,

Len



Ronda's Round-Up

Happy New Year!

Great News: **Two** events are scheduled for January: a "tennis round robin mixer" and a "pickleball after hours".



PICKLEBALL AFTER HOURS

Saturday, January 22

5:00-8:00 pm

\$5 for Members; \$14 for Non-Members if space is available (members have priority)



- All levels welcome
- Introduction/Recap to Pickleball
- Rules and pointers
- Round Robin play

Sign up at the front desk - limited space available. Sign-up deadline is January 20

TENNIS ROUND ROBIN DOUBLES MIXER

Saturday, January 29

5:00-7:00 pm

Free for Members

\$9 for Non-Members if space is available (members have priority)

- No need to find a partner
- All levels welcome
- Round Robin Partner-Changing Mixer
- You will play with a different partner each round (different levels)
- This is a fun, friendly competition with a meet members focus
- You will play as many rounds as possible in the two hours
- You will play a total of 6 games, no-ad scoring in each round

Sign up at the front desk - 16 players maximum; sign-up deadline is January 27.

What Happens to Those Recycled Tennis Balls?

ATFC is a proud participant in a nation-wide effort to keep used tennis balls out of the landfills. Recycleballs.org is the Vermont-based company to which we ship our used balls. They recently reported that to date the combined efforts of all program participants have saved 7.5 million tennis balls from being placed in our landfills. Alas, tennis is one of the most wasteful and environmentally damaging sports as a tennis ball takes 400 years to decompose!

Two fascinating uses have been found for the recycled balls:



- The Western & Southern Open in Cincinnati was the first major tournament to use ground-up recycled balls in its court surfacing. Ten thousand recycled balls are used in the re-surfacing of one court.

- Recycled balls are being ground down using a non-toxic process and the natural rubber and felt is being resold. Apparently, it provides a perfect, pre-mixed blend for a high-quality equestrian arena footing amendment.

Kudos to ATFC for its participation in this important program.

Pro Shop News

Have you taken a look at the Pro Shop lately?? We have lots of items for your swimming and tennis needs. How about some Thorlo socks? These are the best ever for both tennis and for walking - try a pair and you will appreciate how great your feet feel after a match or a hike! Need a new swim cap, a pair of goggles, or nose-clips? Step right on over! In the tennis line of things, we have Wilson and Technifibre overgrips, Wilson wrist and head bands (think Johnny Mac!), dampeners and shock absorbers galore! In addition, we have stocked both plastic and metal water bottles. Tennis racquets can be ordered; occasionally we will sell a demo racquet or two.



So...if Santa left you a little extra cash in your stocking, it will go a long way at the ATFC Pro Shop! Just ask your friendly front desk staff person for a little help.

Jane's Gems

Here's some news in the fitness department! Ladies Lift Class has a new name:



Senior Strength Training. We want the class to be more inclusive and welcoming to all fitness members. **And...beginning January 3rd, the class will move to Mondays and Wednesdays from 9-10am.** (Susan's yoga class members: please have no fear. Once your class is able to move back inside, we will make an adjustment to the Strength class schedule so that all classes will have 15 minutes between them.



Jane is available for personal training sessions; to make arrangements, please contact the front desk.

Ms. Martina Mannerstilova

Dearest MMM: I have never noticed land-line phone jacks on the tennis courts, the swimming pool area, or the gym or fitness rooms. How 'bout you? **Sincerely,**
What's Up With That?





My Dear WUWT: You are very observant. In the olden days people played a whole session of tennis without checking to see who was at their front door; they rode the stationary bike without calling their partners to request a country loaf from Mix; some folks even completed an entire exercise class without knowing what time friends were expecting them for dinner. We seem to be living in a "need to know NOW" period of history. I, for one, appreciate it when my tennis mates leave their phones untouched while we are on the court. Of course, there is sometimes an emergency situation when checking a text is important - let's try to make that the exception!
Sincerely, MMM

Riddle Me This

Last month's riddle: How did the snow globe end up feeling?



Answer: All shaken up....

Last month's bonus riddle: What do you call one of Santa's helpers?



Answer: A subordinate clause.....

This month's riddle: What happened when an i-phone and a firecracker were arrested on New Year's Eve?

