

ATFC Junior Tennis Staff

Len Spencer..... Director of Tennis
Zachary Matthews..... Head Tennis Pro
Gabriela Sullins..... Tennis Assistant
Pratheev Weerakoon..... Tennis Assistant

Ashland Tennis and Fitness Club Amenities

Indoor Tennis:

Four indoor Plexipave tennis courts.

Swimming Pool:

Indoor 25 meter, 2-lane lap pool. Kept at 82 degrees. The pool is open to members year-round.

Locker Room Facilities:

Spacious locker rooms with showers, sauna and spa. Lockers are available for monthly rental and day use.

Pro-Shop:

We stock tennis rackets, tennis accessories, and pickleball paddles. We also have stringing services and demo racquets.

Fitness Center:

A 2400 square foot facility filled with cardiovascular and strength training equipment. Personal trainer on staff.

Group Exercise Room:

A 1000 square foot room dedicated to group exercise classes and other group activities. Including yoga, gentle yoga and pilates.

Ashland Tennis & Fitness Club
735 Jefferson Ave.
Ashland, OR 97520



JUNIOR TENNIS PROGRAM

Summer Schedule

June 20 - Aug 25, 2022

10 Weekly Sessions

June 20 - 23
June 27 - 30
July 4 - 7
July 11 - 14
July 18 - 21
July 25 - 28
Aug 2 - 4
Aug 8 - 11
Aug 15 - 18
Aug 22 - 25

Ashland Tennis & Fitness Club
735 Jefferson Ave.
Ashland, OR 97520
Phone 541-482-4073
events.atfc@mind.net

CLASS DESCRIPTIONS

10 Weekly Sessions (Monday - Thursday each week)

Specific instruction for individual styles will be the basis of these programs.

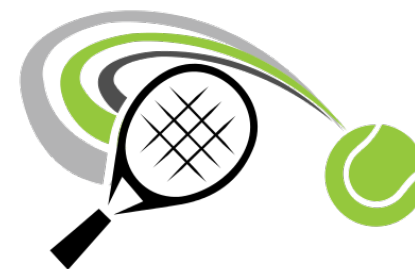
*Ages are approximate in class descriptions. Appropriate class will be decided by Director of Tennis.

BEGINNER (*ages 4-10)	Monday - Thursday
This program is a fun introduction to tennis for our young players. Players will participate in a variety of skill building activities including basic athletic skills in a fun environment. Curriculum will vary based on experience and ability and is designed so that children will learn and practice all stroke fundamentals, court positioning, develop a serve, rally and begin point play. Rules of play and good sport behaviors are introduced and reinforced.	12:30 – 1:30 pm
	\$14 Member per day \$19 Non-Member per day <i>Plus \$1 court fee per class per day Premium Member-No Court Fee</i>
INTERMEDIATE (*ages 11-18)	Monday - Thursday
Players learn to rally with improved directions and height control, return serves and spins. Emphasis will be placed on skills and application in live ball (point play) situations. Players will work on stroke development, tactics and strategy in order to prepare the player for the USTA intermediate/low advanced and/or UTR tournaments. Private lessons are strongly encouraged. Rules of play and good sport behaviors are introduced and reinforced.	1:30 - 3:00 pm
	\$21 Member per day \$26 Non-Member per day <i>Plus \$1.50 court fee per class per day Premium Member-No Court Fee</i>
ADVANCED (*ages 11-18)	Monday - Thursday
This program is for committed, self-motivated players who are actively competing in Advanced USTA and/or UTR tournaments. High intensity drills will improve match play strategy, mental skill, footwork, shot selection, fitness and overall competitiveness. Players must be approved by Tennis Director and privates are strongly encouraged. Good sport behaviors are reinforced.	4:30 – 6:00 pm
	\$21 Member per day \$26 Non-Member per day <i>Plus \$1.50 court fee per class per day Premium Member-No Court Fee</i>
Classes below by Tennis Pro approval only – contact Len or Zach	
ASCENSION: Monday - Thursday 3:00 – 6:00 pm \$42 Member per day \$57 Non-Member per day <i>Plus \$3 court fee for non-premium members</i>	

ADVANCE REGISTRATION REQUESTED

by calling **541-482-4073** or online at
www.ashlandtfc.org.

Please register at least 48 hours in advance so that we can schedule our staff accordingly.



PRIVATE and GROUP LESSONS

Call the front desk to schedule private lessons. If the staff can't get you on the schedule, they will have the Director of Tennis call you.

Junior / Young Adult

Individual & Group Private Lesson Rates

Rates below based on 1 hour lesson

MEMBER

Cost:

1 Player	\$60
2 Players	\$34 ea
3 Players	\$25 ea
4 & More	\$20 ea
Plus \$1 court fee for non-premium members	

NON-MEMBER

Cost:

1 Player	\$66
2 Players	\$40 ea
3 Players	\$31 ea
4 & More	\$26 ea
\$1 court fee and \$5 non-member fee included	

Each camp session is set up as a progression of skills each day therefore, it is recommended that you attend all 4 days in the session(s). It is not required but highly recommended.

Please be sure to register for the days you are attending so that we can schedule our staff accordingly.

Please let us know if you have any questions about ATFC's junior program. We are here to help.