

735 Jefferson Ave  
Ashland, OR 97520  
(541) 482-4073  
www.ashlandtfc.org



May 2024

Hours of Operation  
Monday-Friday 7:00am-9:00pm  
Saturday & Sunday: 8:00am-5:00pm



May (in Latin, Maius) was named for the Greek goddess Maia, who was identified with the Roman era goddess of fertility. In May we celebrate many different events including Teacher Appreciation Day, Cinco de Mayo, Mother's Day, and Memorial Day.



**REMINDER** - ATFC will be closed for **4 days, Thursday through Sunday, June 6-9** for our annual deep clean and maintenance. This closure allows us to take care of the necessary cleaning and repairs that would be impossible to complete while the club is open. If there's something in your locker that you'll be needing during that time, please be sure to grab it no later than June 5<sup>th</sup>. If you have noticed anything that needs to be attended to please leave a note at the front desk.



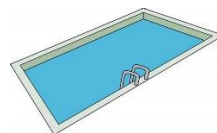
### Annual Locker and Tennis Ball Recycling Fees

Please note that on your June 1st statement you will notice the \$96 annual fee (\$8 a month) if you have a rental locker. In addition, tennis players will see the annual \$7 fee for tennis ball recycling. We have many available lockers to rent. If you're interested, ask for information at the front desk.



## Monthly Billing Procedure

If you have wondered or had questions regarding our billing procedures do not feel you are alone. At the beginning of each month your statement is emailed to you and this statement includes your dues for the month going forward and the charges you put on the account during the previous month. The balance on the statement will be charged to your credit card on file approximately five days after you receive your statement. This period is to give you the opportunity to review the statement and submit any questions concerning the charges via email to [billing.atfc@mind.net](mailto:billing.atfc@mind.net) and you will receive a response as soon as the issue can be resolved.



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## Benefits of Swimming

The Club offers two great options for those who like to be in the pool. Water aerobic classes are twice a week from 8-9 am on Tuesdays and Thursdays and if you have a membership\* that includes the swimming option, you can reserve a swim lane for ½ hour and if available, for 1 hour. WHY WE SWIM by Bonnie Tsui is a compelling book that captures the human relationship with water. 71% of the earth's surface is ocean water. So, most people have some sort of relationship with water whether it be swimming, playing in or looking at H2O. For me, being in water offers a quiet sensual experience with my focus being moving smoothly and rhythmic breathing. Some folks love competing whether with themselves or others. After time in the pool, there is the reward of feeling not just clean but renewed. Attending the water aerobic class provides community, kinship, bonding, and lots of laughter. The invitation is extended to come and try out this wonderful experience that the club offers. Thank you to Lexi, the club owner, and the staff for providing us with the pool, tennis courts, workout area, and other classes. We benefit from greater health, community connection, joy in movement and even sometimes an inner peacefulness.

*By Shamon Rio*

*\*Members who do not have a swimming or fitness component in their memberships can still take fitness classes for \$5 each class or swim for \$5 each half hour.*

## Ronda's Roundup

### Upcoming Tournaments

Stevenson Memorial Tennis Tournament, Friday May 31<sup>st</sup> 5 PM – Sunday June 2<sup>nd</sup> 5 PM

[https://app.utrsports.net/events/223746?\\_ref=rondas019&shared=true](https://app.utrsports.net/events/223746?_ref=rondas019&shared=true)

Men's Mini Tournament, Prize Money 4.0-4.5 NTRP, Saturday June 15<sup>th</sup> 5:30 PM,

[https://app.utrsports.net/events/228503?\\_ref=rondas019&shared=true](https://app.utrsports.net/events/228503?_ref=rondas019&shared=true)

Mixed Doubles Tune Up 8.0-9.0 Combined NTRP – Get Ready for Big Al's, Saturday June 29<sup>th</sup> 5:30 PM

[https://app.utrsports.net/events/228570?\\_ref=rondas019&shared=true](https://app.utrsports.net/events/228570?_ref=rondas019&shared=true)

Big Al's 49<sup>th</sup> Annual Tennis Tournament, Thursday July 11<sup>th</sup> 6:00 PM – Sunday July 14<sup>th</sup>, 5:00 PM

[https://app.utrsports.net/events/218653?\\_ref=rondas019&shared=true](https://app.utrsports.net/events/218653?_ref=rondas019&shared=true)

Ashland UTR – All Levels, All Ages – Level Based Tournament, Friday September 6<sup>th</sup> 6:00 PM – Sunday September 8<sup>th</sup> 5:00 PM

[https://app.utrsports.net/events/82379?\\_ref=rondas019&shared=true](https://app.utrsports.net/events/82379?_ref=rondas019&shared=true)





### April USTA Home League Team Matches

Saturday 4th 12:00 PM Knox/Beckett Bend 4.0 M 18+  
Saturday 11th 12:00 PM Patton Bend 8.0 W 18+  
Saturday 18th 12:00 PM Whitener/Chiang Eugene 3.5 W 18+  
Sunday 19<sup>th</sup> 10:45 AM Whitener/Chiang Bend 3.5 W 18+



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### Congratulations to Cian O'Neil and Dana Smith

The club is pleased to announce that Cian O'Neil, a tennis instructor with the club, and Dana Smith, assistant instructor in the junior program, member, and enthusiastic supporter of the club, have each recently earned the credential of "tennis professional" by the United States Tennis Professional Association. They began working on their credentials this past February, taking, and successfully completing online classes. They recently returned from the Bay area in California where they attended 3 days of live classes and successfully passed all their examinations. For those old enough to remember the era of Billie Jean King you will recognize the name Rosie Casals. It turns out Rosie was the head teaching pro for the in-person classes in California. Congratulations Cian and Dana. The club is proud of you both!

### Riddle Me This

**This month's riddle:**



A mobius band walked into a bar, looking grim. The bartender asked her what was wrong. How did she reply?

**Last month's riddles:**



Why can't basketball players go on Spring Break vacations?

Answer: Because they would get called for traveling

What's Irish and comes out in Spring?



Answer: Paddy'O Furniture