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www.ashlandtfc.org



December 2024

Hours of Operation
Monday-Friday 7:00am-9:00pm
Saturday & Sunday: 8:00am-5:00pm



December is the twelfth and final month of the year in the Julian and Gregorian calendars. Its length is 31 days. December, from the Très Riches Heures du duc de Berry. December's name derives from the Latin word decem (meaning ten) because it was originally the tenth month of the year in the calendar of Romulus. Several different holidays are celebrated this month. The winter Solstice on the 21st, Christmas on the 25th, Hanukkah, runs from Wednesday, 25th-, January 2nd and Kwanzaa, kicks off on Dec. 26 - January 1st.

Club Holiday Hours

The club will close at 5:00 pm on Tuesday, the 24th and will be closed on Wednesday the 25th, Christmas Day also the club will close at 5:00 pm on Tuesday the 31st and while most businesses are closed on the first of the year, for those who may want to kick off the new year with some tennis or gym work out or swim, the club will be open for 4 hours, from 8-12, on New Year's Day.



Giving Tree

The Giving Tree, a long-time tradition at ATFC, is an opportunity for club members to give directly to local children in need. Once again there will be ornaments on the tree from two different organizations, Talent Elementary School and Walker Elementary School. The ornaments will be placed on the tree and each ornament will indicate the age and gender of the child and a list of requested items. Please take an ornament and return both the ornament and your unwrapped gifts to the club by December 16th. Your generosity will mean a lot to children who have very little



Fee Adjustments (Effective January 1, 2025)

Due to continuing increases in operating costs, effective January 01, 2025, the following fee adjustments will take effect:

ALL MEMBERS: Each club member will see a \$2 per month increase in dues

TENNIS MEMBERS:

*Private lessons with Len (individual, semi-private and group privates) will increase \$5 per hour (from \$70 to \$75) – all clinic prices remain the same.

*Private lessons with Cian (individual, semi-private and group privates) will increase \$5 per hour (from \$60 to \$65) – all clinic prices remain the same.

*Adult (Basic)** - Court Fees will increase \$1 (from \$3 to \$4)

*Junior & Young Adult (Basic) ** - Court Fees will increase \$.50 (from \$2.00 to \$2.50)

If you're interested in exploring upgrading your membership from "basic" to "premium" please contact: Valerie at billing.atfc@mind.net.

Thank you for your ongoing support of the club.



Monthly Statements

We've received many questions about billing, so here's a breakdown:

- **Monthly Dues:** On the first of each month, your membership dues are automatically posted to your account.
- **Statement Creation:** Shortly after the first of the month (typically on the first weekday following), a detailed statement is generated. This statement includes:
 - Current month's membership dues
 - Any charges or credits posted to your account from the second of the previous month to the end of that month.
- **Reviewing Your Statement:** This statement will be emailed to you for your review. If you have any questions about your charges, please don't hesitate to contact Valerie at billing.atfc@mind.net.
- **Payment Processing:** Approximately five business days after receiving your statement, the payment for your outstanding balance will be charged to the card on file.



Focus on Fitness - 6 ways to stay fit during the holidays

From Thanksgiving through Christmas and New Year's, it is very easy to overindulge in holiday goodies and neglect your fitness goals. By the time the new year rolls around, many of us feel bloated and out of shape.

1. **Schedule time to work out.**
2. **Find creative ways to be active.**
3. **Squeeze in some activity, it's better than none.**
4. **Work out with a friend.**
5. **Hydrate and eat sensibly. Eating well is part of staying fit.**
6. **Set goals, track your progress and have rewards.**

By Edward Elmhurst



Mallorca/Paris Tennis Vacation

Come join Gail Patton, Steve Vaughan and other certified tennis professionals for a 7-night stay at the ProTur Sa Coma Playa resort in Sa Coma, Mallorca. Spain May 20-27, 2025. Breakfast and dinner are included in the hotel package. The camp includes 10 1/2 hours of Tennis Camp in Sa Coma plus a trip to the Rafael Nadal Tennis Academy with a museum tour, gourmet lunch and court time with the Nadal Academy staff. There is also plenty of time for exploring the surrounding towns and beaches by foot or free bike rental (This is Option #1). If you are not yet ready to return to Ashland join the group for 5 nights in Paris. Transfers and airfare from Mallorca are included in the price. Explore the sights of Paris and join other group members to cheer on your favorite players at Roland Garros. (This is Option #2 May 20-June 1, 2025) For more information contact Gail or go to Wildwesttennis.com (please note: this is not a club sponsored event).

Ronda's Roundup

Junior Friday Night Play

Beginner / Intermediate

December 6

6:30 - 8:30 pm

\$15 per member / \$20 per non-member.

Pizza and Beverages included.

Sign up in the lobby at the club by Dec 4th.



Riddle Me This

This month's riddle:

Question: What's the difference between a knight and Santa's reindeer?



Question: Why did the cranberry blush?



Answer: Because it saw the turkey dressing