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January 2026

Monday-Friday: 7am-9pm
Saturday & Sunday: 8am-5pm



THINGS TO KNOW ABOUT JANUARY

- **January 1** is [New Year's Day](#). While you're still recuperating from the prior night's parties, read about some other [New Year's traditions](#) you might not know.
- **January 5** brings [Twelfth Night](#), an English folk custom that marked the end of Christmas merrymaking and, in ancient Celtic tradition, the end of the 12-day [winter solstice](#) celebration.
- **January 17** is [Benjamin Franklin's birthday](#). He was not only a world-renowned statesman, inventor, and scientist but was also fascinated by agriculture.
- **January 19** is [Martin Luther King Jr. Day](#) (observed). This holiday is held on the third Monday in January and honors the principles of this civil rights leader and Nobel Prize Winner dedicated to nonviolence.

REMINDER HOLIDAY HOURS

Closing early at 5:00 pm on **Wednesday the 31st** (New Year's Eve)

Open for 4 hours, from 8:00 am -12:00 pm, on Thursday January 1st (New Year's Day) for those who may want to kick off the new year with some tennis or a gym work out or a swim.

ANNUAL GIVING TREE



Thanks again to everyone who grabbed an ornament and donated a gift this year! You're making a huge difference for local kids at Walker and Talent Elementary, and we truly appreciate your holiday spirit!

FOCUS ON FITNESS

It's that time of year again; time to start moving instead of sitting on the sofa watching television. We all know the feeling; you've eaten your body weight in chocolate; it was YOU who ate all the pies So now it is time to get back in the gym!

Here are some top tips to return to the gym and get yourself back into good habits:

1. Start off steady with a bit of cardio; this is the best way to start shifting the calories you consumed over the holidays.
2. Try allocating one specific day and time per week that is your gym or exercise time; routine is important when it comes to exercise. Once you have got used to this, then introduce another day and time on top of this until you've built up to 3 times per week.
3. Bring a friend- you are more likely to go to the gym instead of putting it off if you have a scheduled time to be there.
4. If you find that you're too tired at the end of the day to motivate yourself to go to the gym then try mixing things up and going in the morning instead...it's a struggle when the alarm goes off but it will wake you up for the day and mean guilt-free relaxation time in your PJs after work!
5. Plan what you are going to do in the gym before you get there; this way it saves you walking around aimlessly and wasting your valuable time!
6. Check out all the [fitness](#) classes we offer at the club.

COURT REPORT



Recycle Balls is celebrating a milestone of 18 million balls recycled and you helped make that possible. Their hope is to keep pushing toward a future where recycling is the expectation, not the exception.

RIDDLE ME THIS



This month's riddle:

Did you hear about the team of scientists who just built the world's largest suction cup?



Last month's riddle:

Estelle was planning to fly to Boston with her friend Rudolph but found herself fearful about one aspect of the trip: she was afraid to share a car with Rudolph to go through the Callahan tunnel to get to their hotel. Rudolph convinced her to see a therapist to try to get to the bottom of Estelle's fear. What was the therapist's diagnosis?

Answer: Estelle had "Carpool Tunnel Syndrome"

COMING SOON - 4 OUTDOOR TENNIS COURTS

The culmination of 11 months of work with the city of Ashland planning department, a private consultant to help us navigate the city planning process, biologists, surveyors, contractors, civil and structural engineers, landscape architects, the Department of State Lands and the DEQ has recently resulted in approval by the city of Ashland to proceed with building 4 outdoor tennis courts on the lot next door. If the tennis gods are with us they will be available for play by next summer. A rendering of the project is attached.

Each of the 4 courts will be individually fenced and there will be an asphalt running track around the perimeter of the property. Plans also call for a gathering patio for members to enjoy each other's company.

We will share more details with you in the coming months.

COMING

SUMMER
2026



**FOUR TENNIS COURTS
.20 MILE TRACK
BBQ AND GATHERING PATIO**

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SOON

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